



# AECENL Facilitator List

List of Facilitators for In-House & Virtual Training



# List of Facilitators for In-House & Virtual Training

Last Updated July 2025

Many facilitators on this list are willing to travel or deliver training virtually for those in different regions. If you know of a facilitator in your region and they are not on this list, please feel free to reach out to your PL Coordinator at AECENL and we will try to get them added.



This symbol indicates the facilitator is community-based, services may be free or by donation.

## Association of New Canadians (ANC)



Location: In-person in St. John's and Corner Brook, possibility to facilitate virtually

Contact:  
diversity@ancnl.ca  
(709) 722-0718  
www.ancnl.ca

### Workshop Topics:

- Introduction to Diversity & Inclusion
- Promoting Anti-Racism: Being an Ally
- NL's Diversifying Population: Guide for Educators
- Business Case for Diversity
- Train-the-Mentor Program
- Supporting Immigration in Rural NL
- Other trainings available for students K-12
- Cultural Competency Toolkit (Culturally Inclusive Hiring Practices, Culturally Inclusive Workplaces and Introduction to Workplace Norms for Newcomer Employees)

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## Katy Bigsby (She/Her)

Location: Victoria, British Columbia

Contact:  
REiLlearning@gmail.com  
www.REiLlearning.com

Qualifications: Founder and lead adult educator with REiL Learning. Holds a Master of Education Degree specializing in adult education & community engagement, a Bachelor of Education, and a Bachelor of Social Work. Experience as a Family & Youth Counsellor, a Children's Counsellor, teaching in the Greater Victoria School District for 13 years. Adult educator for 15+ years.

### Workshop Topics:

- Supporting Children Who Experience Anxiety
- Creatively Engaging All Learners
- Incorporating Social-Emotional Learning into Practice
- Pro-Active Strategies
- The Big 3
- What's Up With Bullying?
- Educator Well-Being
- Quality Out of School Programs
- REiL Learning: Support for all Learners
- Inclusive Foundations: Strengthening Our Practice
- Case Scenarios & Real-Plays

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## Adam Braye

Location: Truro, Nova Scotia.  
Offers virtual workshops.

Contact: adamdouglas\_87@outlook.com

Qualifications: Level II ECE with 15 years of experience, Instructor at the Jane Norman College, Trained Pyramid Coach, Family Child Care Consultant.

### Workshop Topics:

- Supporting Gender Diversity in the Early Years (2hr)
- Understanding and Supporting the LGBTQIA2S+ (2hr)
- Gender Identity (1hr)
- Fostering Family Connections (2hr)
- Empowering Children Through Social-Emotional Development (2hr)
- Social Emotional Learning for Teachers (1hr)

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## Jennifer Brown Flourish Consulting

Location: St. John's  
Open to Travel

Contact:  
jbatflourish@gmail.com  
(709) 763-3379

Qualifications: Level IV ECE with over 30 years experience in the field.

Workshops are fee-based and offered in English.

### Workshop Topics:

- Bringing Whimsy Back: How to Create Environments that Prioritize Play
- Tug of War or Teamwork: Seeing Challenging Behaviour with a New Lens
- Dynamic Documentation
- Health Check 101: Creating Healthy and Supportive Environments
- The B Word: How to recognize and Recover from Burnout
- The Magic of Stories: How to Create Literacy-Rich Environments that Promote Well-Being
- Unlimited: The Power of Process Art
- Other topics may be possible depending on time frame.

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## Simmy Zaret, Simmy Zaret Consulting

Location: Toronto.  
Offers virtual, interactive workshops.

Contact: simmyz@sympatico.ca for a full information package.

Qualifications: Over 35 years of teaching kindergarten and special education to those with special needs. Now trains educators on-line from coast to coast.

### Workshop Titles:

- Delight! Excite! Inspire! Teach! Creative Program Planning and Team Building.
- What to Do When it Feels Like a Zoo! Compassionate Behavior Management by Heart!
- Dis is Wat it Muss Be Like! Learning Disabilities From the Inside Out.
- Being the Best Supervisor You Can Be! Leadership Skills to Inspire, Support, and Strengthen Those Around You.

Workshops cater to those working with children of all ages and can be adjusted to fill 2-3 hr sessions.

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## The Canadian Children's Literacy Foundation (CCLF)



Location: Toronto, ON

Contact:

earlywords@childrensliteracy.ca  
1-647-952-2917

Qualifications:

Coralie D'Souza, Kaitlyn Parks, PhD  
Elizabeth Attisano, PhD, Cynthia Alves, BA,  
RECE, Level 2. 15+ years of experience in  
child development and reading science. 18+  
years in the ECE field, 8+ years in team  
leadership, curriculum development, and  
instructional design. 20+ years in policy and  
program development.  
Bilingual/Francophone

Workshop Topics:

- The Importance of Foundational Oral Language and Literacy
- Evidence-based Literacy Practices: From Research to Implementation
- Growing Literacy Skills during Shared Book Reading, Storytelling, and Adult-directed Play

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## The Canadian International Institute of Art Therapy (CiiAT)

Location: Victoria, BC (fully online education)

Contact:

info@ciiat.org  
1-250-419-7628

Qualifications: CiiAT – The Canadian International Institute of Art Therapy (a proprietorship of The Proulx Global Education and Community Foundation – a registered not-for-profit) is a Registered Institution regulated by the Private Training Institutions Branch (PTIB) of the Ministry of Advanced Education and Skills Training in British Columbia, Canada.

Workshop Topics:

- Therapeutic Arts Practitioner Certification
- Trauma Informed Practices
- Navigating Neurodiversity

\*Requirements for PL: CiiAT has the ability to host a completely virtual learning experience. If an in-person experience is coordinated, we would need AV equipment and the ability for our team to set up art materials for the group.

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Lori Chaulk  
Associate Dean,  
ECE College of the North  
Atlantic

Location: Eastern NL

Contact:  
lorichaulk@hotmail.com  
(709) 771-6713

Qualifications: Level IV ECE with over 30  
years in the field.

Workshop Topics:

- B is for Bullying....or is it Behaviour?
- Beyond Rattles and Teething Rings: Creating a Child-Centred Program for Infants 0-24 months
- Children and Grief: The Role of the Early Childhood Educator
- Completing Documentation With the Children, By the Children & For the Children
- Conflict Resolution with Young Children
- Creating a Culturally Diverse Child Care Environment
- Cultivating Family Relationships in Early Learning Settings
- Design for Play: Creating Successful Physical Environments for Children
- From Scribble to Script: Learning Literacy through Play!
- Large Group Time Planning Form
- Let's NOT Colour Inside the Lines! A Workshop Focusing on Process Art Experiences!
- Managing Challenging Behaviours: The "Why" and now "What"
- Nature vs Nurture: Play-based Learning Outside!
- Planning Daily Experiences for Math, Nature/Science and Language, Literacy & Communication!
- Professionalism in Early Childhood Education
- Programming for Children with Down Syndrome. Don't Limit Me...Include Me!
- Setting the Stage for Successful Behaviour for Preschool Children
- Setting the Stage for Successful Behaviour for School-age Children
- Small Group Time Planning Time
- Team Building & Motivation
- Visual Schedules: Benefits Beyond Your Daily Routine

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## Sheldon R. S. Crocker, Crocker's Transformative Thinking

Location: St. John's, NL. Available for virtual and in-person sessions across NL available in English.

Contact:  
sheldonscrocker@gmail.com  
(709) 749-6099

Qualifications: Speaker, Award-Winning Author, and Resilience Expert with over 15 years of experience in personal development. Leader in resilience training, disability advocacy, and transformative thinking.

### Workshop Topics:

- Resilience for Educators (2 hrs)
- Building Positive Team Dynamics (1.5 hrs)
- Managing Stress in the Workplace (1 hr)
- Promoting Personal Growth (2 hrs)

Workshops can be customized to meet specific organizational needs.

Workshops are fee-based. Community-based rates or donation-based options are available when applicable.

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## Lori Dalton Program Manager, Cloudberry Forest School

Location: Metro Region

Contact:  
lori@cloudberryforestschool.org  
709-728-8935

Qualifications: Level II ECE with close to 30 years experience.

Sessions are available to present on topics chosen by the child care service and can include, but are not limited to the topics listed.

### Workshop Topics:

- Mentoring
- Documentation
- Team Building and Working as a Team
- The Importance of Outdoor Play
- Creating a Natural Play Environment
- Finding Balance from Sensory Overload

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## Diversity NL Stephanie Howlett

Location: St. John's and Surrounding Areas

Contact:  
stephanie@diversitynl.com  
(709) 727-0370

Qualifications: MSW, RSW

Sessions are customizable for each ECE need. Workshops can be:  
In Person or via Zoom

Note there is a fee per-participant for these training.

Certificates available upon request for sessions completed.

### Workshop Topics:

- The Business Case for DEIB (Executive, Management, HR & Board Members)
- 2SLGBTQ+ 101
- Gender Inclusive Language & Pronouns
- Beyond Bias Training
- The Business Case & Effective DEIB Strategies (Executive, Management, HR & Board Members)
- Neurodiversity in the Workplace
- Creating a Culture of Inclusion in the Workplace
- YOUR Role in Diversity, Equity, Inclusion, and Belonging
- Inclusive Hiring Practices (Executive, Management, HR & Board Members)
- The Power of Privilege
- Building Inclusive Spaces

\*Requirements for PL: Projector, Screen

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## Egale Canada

Location: Toronto, Hamilton, Windsor, ON, Montreal, QC - Can Travel to NL

Contact:  
workshoprequests@egale.ca  
416-946-6772

Qualifications: Egale is Canada's leading national educational provider for 2SLGBTQI inclusion since 1986. Trainers are members of the 2SLGBTQI Community.

Sessions can be In Person or via Virtually

Note there is a fee per-participant for these training.

### Workshop Topics:

- 2SLGBTQI Inclusion for Mental Health and Social Service Providers
- Affirming Adults
- Affirming Parents and Caregivers
- Family Diversity in Canada: 2SLGBTQI Parents and Children
- 2SLGBTQI Inclusive Schools
- Change Agents: The Power of Youth Action
- Trans and Nonbinary Youth
- Cyberbullying and 2SLGBTQI Youth
- Faith and 2SLGBTQI Youth
- Workplace Inclusion for Gender and Sexual Diversity
- Trans Inclusion in the Workplace
- 2SLGBTQI History in Canada

\*Requirements for PL: Projector, Screen, Microphone, Stable Internet Connection, Access to Personal Computers

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## The Early Childhood Coach

Anisha Angela (She/Her)

Location: Toronto, ON

Offers on-demand learning, virtual and in-person experiences/sessions.

Contact: info@anishatheecc.com

Qualifications: CEO of The Early Childhood Coach, BAsc Early Childhood Studies, Registered Early Childhood Educator (RECE), 16+ years of experience, specializes in leadership in ECE, educator growth & empowerment, team dynamics & DEI in ECE.

\*Requirements for PL:

Virtual: The Early Childhood Coach offers a dedicated Zoom portal exclusively for clients, providing seamless access to virtual sessions and consultations.

In-person: AV, projector and screen required.

All workshops are fee-based and are available in English only.

Workshop Titles:

- The POWER of your ECE Story: Rediscovering your ECE Why
- Inspiring Generations: Cultivating Your Legacy in Early Childhood
- More than a Book on the Shelf: Diversity in an Early Childhood Classroom
- It Starts with You: Building a Culture of DEI with Awareness and Action
- Taking Team Appreciation in ECE to the Next Level: Exploring "Love and Appreciation Languages"
- The Leader in YOU

Workshop Titles Continued:

- From Colleagues to Community: Building Stronger TEAMS in ECE
- CRAFT- Creating a Culture of Collaboration: Conflict Resolution Techniques for ECE Leadership (for ece leaders/management)
- New Supervisor Survival Guide for Success and Beyond! (for ece leaders/management)
- "From Welcome to Success: Mastering the Art of Onboarding in ECE Supervision" (for ece leaders/management)
- Understanding Absenteeism and Presenteeism(for ece leaders/management)
- The Coach Approach: The Way to "Transformational" Leadership for Childcare Supervisor(for ece leaders/management)
- Supporting the Growth of Educators Within Your Team: A Developmental and Reflective Look for Early Learning Leaders (for ece leaders/management)
- Embracing Your Leadership DNA: Unveiling Your Unique Leadership Style in ECE (for ece leaders/management)
- Work-Life Balance Strategies for the Busy Professional(for ece leaders/management)
- Battling Burnout
- ELEVATE your Team Meetings to Create Action & Change (for ece leaders/management)
- Building Legacy Through Mentoring in ECE
- Effective Communication in ECE
- The Mindset of Success in ECE: Developing a Growth Mindset as an ECE Professional
- Conflict Resolution Toolkit for Early Childhood Educators: Fostering Positive Relationships
- Supporting Children with Food Allergies in ECE
- Not limited to this list

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## The Early Childhood Coach

### Taylor Aiyadurai (She/Her)

Location: Toronto, ON

Offers on-demand learning, virtual and in-person experiences/sessions.

Contact: info@anishatheecc.com

Qualifications: 10+ years in early education, ECE Advisor & Workshop Facilitator at The Early Childhood Coach, Registered Early Childhood Educator (RECE), specializes in classroom dynamics, wellness & leadership in ECE.

Workshop Titles:

- Exploring Sensory Play in Early Childhood Education
- Mental Health Awareness for Early Childhood Educators
- Leading in Early Childhood Education: Essential Tips for New Leaders (for ECE leaders/management)
- Not limited to this list.

\*Requirements for PL:

Virtual: The Early Childhood Coach offers a dedicated Zoom portal exclusively for clients, providing seamless access to virtual sessions and consultations.

In-person: AV, projector and screen required.

### Nathalie James (She/Her)

Location: Toronto, ON

Offers on-demand learning, virtual and in-person experiences/sessions.

Contact: info@anishatheecc.com

Qualifications: 10+ years in early education, ECE Advisor & Workshop Facilitator at The Early Childhood Coach, Registered Early Childhood Educator (RECE), specializes in family & parent relationship building and ew educator development.

Workshop Titles:

- Navigating Difficult Conversations
- Building Positive Relationships in the Early Years
- Fostering Parent Relationships in the Early Years
- Not limited to this list.

\*Requirements for PL:

Virtual: The Early Childhood Coach offers a dedicated Zoom portal exclusively for clients, providing seamless access to virtual sessions and consultations.

In-person: AV, projector and screen required.

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## The Early Childhood Coach

### Sophie Rayner-Grignon (She/They)

Location: Ottawa, ON

Offers on-demand learning, virtual and in-person experiences/sessions.

Contact: [info@anishatheecc.com](mailto:info@anishatheecc.com)

Qualifications: Registered Early Childhood Educator (RECE), ECE Advisor & Workshop Facilitator at The Early Childhood Coach, specializes in infant education, curriculum & programming.

Workshop Titles:

- Infants + Loose Parts
- Infants + Process Art
- Building Belonging during Pick Up & Drop Off
- Infants and Risky Play
- Not limited to this list.

\*Requirements for PL:

Virtual: The Early Childhood Coach offers a dedicated Zoom portal exclusively for clients, providing seamless access to virtual sessions and consultations.

In-person: AV, projector and screen required.

### Shelby Secoura (She/Her)

Location: Sarnia, ON

Offers on-demand learning, virtual and in-person experiences/sessions.

Contact: [info@anishatheecc.com](mailto:info@anishatheecc.com)

Qualifications: 10+ years in early education, ECE Advisor & Workshop Facilitator at The Early Childhood Coach, Registered Early Childhood Educator (RECE), specializes in challenging behaviours, leadership in ECE & team dynamics.

Workshop Titles:

- Delegative Leadership (for ece leaders/management)
- Taking the B Word out of Delegation
- The Basics of Understanding Attention-seeking Behaviours
- Not limited to this list.

\*Requirements for PL:

Virtual: The Early Childhood Coach offers a dedicated Zoom portal exclusively for clients, providing seamless access to virtual sessions and consultations.

In-person: AV, projector and screen required.

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## Eastern Health

Training available for Educators in the Eastern and Metro Region

### Jennifer Candow, R-SPL (C)

Location: St. John's, NL.

Also offers virtual workshops.

Contact:

jennifer.candow@nlhealthservices.ca

709-777-4616

Qualifications: Speech Language Pathologist (SLP) with 25 years experience.

### Nicole Smyth, R-SLP (C)

Location: St. John's, NL. Also offers virtual workshops.

Contact: nicole.smyth@nlhealthservices.ca

709-777-7780

Qualifications: Speech Language Pathologist (SLP) with 17 years experience.

Workshop Titles:

- Teacher Talk Training A: Encouraging Language Development in Early Childhood Settings
- Teacher Talk Training B: Let Language Lead the Way to Literacy (Prerequisite: Completion of Training A).
- Teacher Talk Training C: Fostering Peer Interaction in Early Childhood Settings (Prerequisite: Completion of Training A).

\*Requirements for PL: iPad and computer hook up, presentation screen, flip charts, purchasing workbooks for participants.

Additional PL Opportunities:

- Learning Language and Loving It

An SLP leads this program with a group of up to 20 ECEs. There are 5-8 intensive group training sessions (15-20hours) in which you learn through a variety of media and by interacting with your fellow educators. Note that this training has a coaching/mentoring component accomplished through video recordings and feedback sessions.

Learning Language and Loving It (LLLL) comes with a user-friendly guidebook.

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## First Light

### Chelsie Coles, Training Coordinator

Location: St. John's, NL.

Can also present virtually.

Contact:

training@firstlightnl.ca

709-726-5902 ext. 201

Qualifications: BA, BFA, CERT. Indigenous Studies

Workshop Topics:

- Cultural Humility
- Understanding Culture
- Statistics & Terminology
- Indigenous Groups
- Symbols, Ceremonies, & Elders
- Colonization & The Indian Act
- Residential Schools & Confederation
- Intergenerational Trauma
- Cultural Appropriation & Tokenism
- Culturally Insensitive Phrases
- Stereotypes & Myths

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## Mary Fearon

Location: St. John's, NL.

Contact:

Maryfearonmsw@gmail.com

709-763-4948

Qualifications: BSW, MSW Mental Health and Health

Workshop Topics:

- Trauma Informed Practice for Child Care Providers (3 HRS)
- Building Resilience in Young Children (3 HRS)
- Time for Rhymes: Oral Language Play in the Early Years (3 HRS)
- A Tapestry of Tales: Storytelling in the Early Years (3 HRS)
- Bringing the Inside Out and the Outside In (In-person) (1.5 HRS)
- Respectful Workplace Training: Cultivating a Culture of Resilience (3 HRS)

Note there is a fee for these trainings.

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## Food First NL

### Ashley Byrne, Program Coordinator



Location: St. John's, NL.

Can also present virtually.

Contact: ashley@foodfirstnl.ca

709-237-4026

Qualifications: BA, MA, PhD(c)

Workshop Topics:

- Food Security in NL
- Play-based Learning with Food
- Food Literacy
- School Meals
- Local and Traditional Foods
- Exploring the Role of ECEs in Promoting Joy and Dignity in the Early Childhood Education Food Environment.

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## Sarah Macfie

Location: St. John's with possibility of travel

Contact: sarahmacfiefcc@gmail.com

Qualifications: Level III ECE, over 25 years of experience in the field

Contact for costs and fees.

Workshop Topics:

- Meal planning
- Understanding the New Canada Food Guide
- Food Alternatives for Special Diets
- Meal Preparation
- Policy Writing
- Effective Communication with Families
- Modifying Activities for Infants

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## Julie Hansen, Inspired ECE

Location: Halfmoon Bay, BC.  
Offers virtual workshops

Contact:  
www.cnib.ca  
inspiredece@gmail.com  
(604) 729-7579

Qualifications: Diploma in Early Childhood Education (Basic, Infant Toddler and Special Needs certification).

### Workshop Topics:

- Deconstructing Circle Time
- Setting Up ECE Environments for Success
- Messy Art
- Fostering Program and Family Connections
- Engaging Program Activities and Experiences for Infants and Toddlers
- Introduction to Emergent Curriculum
- Incorporating Rough and Tumble Play into Childcare Programs
- Invitation to Play
- Connections to Nature
- Exploring Seasonal Gardening
- Guidance Strategies for Preschools
- Communication Development in Early Years Settings
- Transitions in Early Years Settings
- Discovering Loose Parts and Upcycled Materials with Toddlers: Fostering Creativity, Fine Motor Skills, and Cognitive Growth
- Exploring Creativity in School-age Programs; Art Experiences, Culinary Adventures, Imaginative Drama
- And more at [www.inspiredece.ca](http://www.inspiredece.ca)
- Discovering Loose Parts and Upcycling Materials with Toddlers
- Exploring Creativity in School-Age Programs

Workshop Topics co-facilitated with Carla Ward at Early Learning Foundations:

- Guidance Strategies for School-age Children: Supporting Emotional Growth and Conflict Resolution
- Administrators Guide to Hiring and Onboarding Workshop
- Guide to Hiring and Onboarding Now What: Supporting Educators in their First Three Months
- Understanding Managerial Time Management for Early Years Administrators

Workshop Topics co-facilitated Playground Connections:

- Supporting Children's Home Languages to Build Diverse, Equitable and Inclusive Early Years Settings
- Communication Development in the Early Years Settings; a dynamic and interactive 3-part workshop series for Early Childhood Educators
- Exploring Literacy and Language Learning in the Early Years Environments

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## Kim Hart, Canadian National Institute for the Blind (CNIB)



Location: St. John's, NL  
Offers in-person and virtual workshops

Contact:  
kimberlie.hart@cnib.ca  
(709) 699-9443

Qualifications: Manager of Operations and Community Engagement with CNIB, 10 years of experience as Early Intervention Specialist with Vision Loss Rehab, 5 years as a manager with CNIB, mom of a child with severe complex (medical) needs, degrees in primary/elementary education and special education (+ a science degree), experience working with in a parent-child centre and a child care centre.

### Workshop Topics:

- An Interactive Session for Young Children (ages 4-12) (in person only)
- A Box to Explore – Take a Loan of Materials to Help your Homeroom Learn about People with Sight Loss
- Seeing Being Sight Loss – General Sensitivity Training for Working with People with Sight Loss
- How to Work with a Child who has Sight Loss in your Homeroom (we look at the parts of the day – calendar, snack time, art centre....)
- How to Work with a Parent who has Sight Loss
- How to Include a Child with Complex Needs into your Program
- Training for ECE students, still in college
- How to Build Sensory Programs

\*Requirements for PL:  
Projector, screen, and table.

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## First Step Nutrition Jennifer House

Location: Alberta  
Offers virtual workshops

Contact:  
jen@firststepnutrition.com  
403-608-3240

Qualifications: MSc, RD (dietitian) with 20 years of experience working with families.

### Workshop Topics:

- How to Teach Picky Eaters to Try New Foods Without a Battle (1 HR)
- How to Feed & Educate Children to Create a Positive Relationship with Food (1 HR)

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## Learning Through Active Play Hilary Bartlett



Location: St. John's  
Offers virtual, interactive workshops.

Contact: [hilary@learnthroughactiveplay.com](mailto:hilary@learnthroughactiveplay.com)  
709-690-7467

Level 4 ECE  
Learn Through Active Play Certified

Workshop Title:

Learn Through Active Play

<https://learnthroughactiveplay.com/>

Projection screen or white wall to project upon required.

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## Laura Molyneux, Cloudberry Forest School

Location: Conception Bay North. Will travel, spends time on the West Coast.

Contact: [laura@cloudberryforestschool.org](mailto:laura@cloudberryforestschool.org)

Qualifications: Level IV ECE, Forest School Practitioner, 10 Years operating Forest School, 18 years in the field - including inclusion and family support, Post Secondary Educator, Framework Facilitator.

Workshop Topics:

- Outdoor Play
- Provincial Forest School Certification
- Program Start Up (Forest School or Indoor Based Programs)
- Program Planning
- Program Consulting (eg. staffing needs, program reviews, programming audits (not financial), problem solving, team building)
- Using the Early Years Framework
- Genuine Inclusion/Classroom Management
- Emergent Documentation
- Gardening with Children
- Using Loose Parts
- Play in the Early Years
- Child-Directed Problem Solving
- Mentoring

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## Newfoundland and Labrador Public Libraries



### Chantel Gale - Early Literacy Training Administrator

Location: Provincial Library and Resources  
Board; Stephenville, NL

Contact:  
(709) 643-0921, (709) 649-6624  
chantelgale@nlpl.ca

Qualifications: Early Literacy Training  
Administrator for NL public Libraries. Level  
III Early Childhood Educator with 19+ years  
experience in the field.

#### Workshop Topics:

- Growing Readers Together, NL Public Libraries & Early Childhood Educators:  
\*Can be modified and offered as a full day, 4 hour or 2-hour workshop.
- Why Story-time
- Choosing books
- Room Arrangement
- Components of Story-time
- Early Literacy Skills and Practices
- Story-time Extension Activities
- Story-time Sequencing and Planning
- Self-Reflection
- Story-time Problem-solving
- Sensory Story-time
- Mixed Age Story-time
- What can NLPL do for you? (Typically offered as a 1-hour workshop)
  - Collections
  - Educator Cards
  - Story-time Kits
  - Story-time out-reach
  - Training/ Other Resources

### The NLPL Early Literacy Team includes three specialists, one in each region:

#### Sherri Wight, EL Training Specialist

Location: Western/Lab

Contact:  
(709) 643-0922  
swight@nlpl.ca

Qualifications:  
Early Childhood Educator  
Level III, 15+ years  
experience.

#### Stephanie Lagden, EL Training Specialist

Location: Central

Contact:  
(709) 541-0538,  
slagden@nlpl.ca

Qualifications:  
Early Childhood Educator  
Level III, 10+ years  
experience.

#### Natasha Mercer, EL Training Specialist

Location: Eastern

Contact:  
(709) 327-9391  
nmerc@nlpl.ca

Qualifications:  
Early Childhood Educator  
Level III, 20+ years  
experience.

### Coline Tisserand, French Language Services Specialist

Location: A.C. Hunter Public Library, St. John's, NL  
(709) 685-9573  
ctisserand@nlpl.ca

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## Lisa Pinhorn, Empowered Parents

Location: St. John's

Contact:  
empoweredparentservices@gmail.com (709)  
746-9334

Qualifications: Bachelor of Child Study  
(Special Needs), M.Ed. Level IV ECE (1992).

All workshops include a fee and are offered  
in english. Workshops can be tailored to  
meet the needs of any particular group.

Workshops can be:

Half Day, Full Day or 2-Day

Live or Via Zoom

There is an additional cost for travel outside  
of the St. John's metro area

Workshop Topics:

- Emotional Safety and Cultivating Emotionally Rich Spaces in Early Learning Settings
- Holistic Emotional Regulation and Co-regulation Practices
- Staff Resiliency and Deeper Self-Care Practices
- Becoming An After School Care Superhero
- Reframing Neurodiversity in Early Learning Settings
- Equity and Inclusiveness in Early Learning Settings
- Developmental Trauma 101 - Creating Trauma-Informed Early Learning Settings
- Adverse Early Childhood Experiences (ACEs) and Attachment Styles in Young Children
- Systemic Bias, Barriers, Privilege, and Ableism; International Charters of Human Rights of Children & Disabled People
- The Impacts of Screen Time on Children
- Neurodiversity in the Workplace

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## Hilary Walsh

Location: St. John's and greater surrounding  
area. Will travel outside greater St. John's  
area for travel fee.

Contact: hwalsh.ot@gmail.com

Qualifications: Registered Occupational  
Therapist, Dance Movement Therapist  
(qualifying), MScOT (University of Toronto),  
MPH.

Workshop Topics:

- Marching to My Drum: Leading Creative Movement in Early Years.
- Dancing Through Pages: Adding Creative Movement into Storytelling.

- Square-eyed Over Screen Time: Let's Leverage Digital, Not Be Replaced by It
- Movement Matters: The Neuroscience Behind Movement in Learning Environments.
- When my Wave Meets Yours: Linking Trauma Informed Practice, Co-Regulation, & Movement
- Team Wellbeing Consulting

Other areas:

- Adapted Movement
- Universal Design for Learning
- Setting up Environments for Success
- Inclusion & Meaningful Participation
- Positive Body Image in the Early Years
- Understanding Inside Me – Interoception the Silent Sense in Charge of Regulation
- Program Consulting

Workshops can be tailored to meet the  
needs of your team.

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## TFL Early Years Social-Emotional Learning and Relationship-Building Strategies

Based in Ontario and available virtually in NL.

### Jan Blaxall

Contact:

janblaxall@gmail.com  
519-852-7898

Experience: MAsc. Psychology, RECE, AECEO,C. Professor of Early Childhood Education with Fanshawe College, London (22 years) and Conestoga College, Kitchener (8 years)

### Janet Foster

Contact:

jfoster1896@gmail.com  
519-476-9577

Experience: B.A. Psychology, RECE, AECEO,C. Coordinator of Early Childhood Education, Fanshawe College, London (7 years), Professor of Early Childhood Education, Fanshawe College, London (33 years)

<https://www.tflearlyyears.com>

Training Opportunity including Resources:

A choice between two or four hour virtual sessions - This training provides a theoretical foundation including evidence-based information about the importance and benefits of social emotional learning, as well as a comprehensive presentation on ways to utilize the resources in practice.

Each participant's package includes:

- a digital or printed version of TFL Early Years Educator's Manual
- a variety of age-appropriate digital resources including:
  - Concept posters
  - Calm down cards
  - I feel face cards
  - Feelings or others situation posters
  - Problem solving cards

Note there is a fee per-participant for this centre-based training. Contact TFL Early Years for additional workshops.

Contact us through the TFL Early Years website [www.TFLEarlyYears.com](http://www.TFLEarlyYears.com) for more information.

Additional workshops are described under "Professional Development":

- Building Empathy for Caring Relationships
- Strategies to Support Children's Emotional Intelligence
- Social Skills for Play Based Learning
- Behaviour is Communication - How to respond to Children's Strong Messages

**Please visit [www.aecenl.ca](http://www.aecenl.ca) for the most current version of AECENL's Facilitator List!**

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## Carla Ward, Early Learning Foundations

Location: Mississauga, Ontario

Contact: learn@elfoundations.com

Qualifications: Two-year diploma from Sheridan College (Ontario) with 15 years in the field and 5 as a PL facilitator.

Wonder of Early Learning Foundations, Host of The Everything ECE Podcast and founder of The ECE Latte Lounge

Workshop Topics: For Supervisors and Administrators

- Meetings that Matter: Hosting Staff Meetings Your Team Wants to Attend
- The Administrator's Guide to Hiring and Onboarding: a dynamic, interactive workshop designed to equip childcare supervisors and leaders with the tools, strategies, and insights necessary to create an effective onboarding experience.
- Administrator's Guide to Hiring and Onboarding Now What: Supporting Educators in Their First Three Months
- Understanding Time Management for Early Years Administrators

Workshop Topics: For Educators

- The Power of Building Connections: How Educators Influence a Child's Day
- Loose Parts: The Play Framework You Need to Know
- Thriving as an ECE: Putting Power Behind Being a Professional
- Beyond the Book: How to Enhance Language and Literacy Beyond the Pages of a Book

Workshop Topics: For Educators Continued

- Designing YES Spaces: Embrace the YES and Design a Space FOR Children
- Math in Early Childhood Education: Supporting Early Math Development Through Block Play
- Plants in the Classroom: Why Every Classroom Needs Plants
- Emotional Regulation: Empowering educators with an understanding of the emotional development of children and effective strategies to foster emotional regulation in the early years.
- Strengthening Relationships with Families: explore best practices for building strong, positive relationships with the families in their programs.
- Guidance Strategies for School-Age Children: Effective approaches to support social, emotional, and behavioural growth in school-age children.
- YO! How to Connect with School-Agers: Strategies for building connections and fostering trust with school-age children.
- AI for ECEs: Harnessing artificial intelligence to innovate and enhance early childhood education.
- Pedagogy and Plan: Innovative Program Planning Through YES Spaces: Transforming program planning with observation, documentation, and provocations for child-centred learning.
- ECE Essentials: Professionalism and Effective Communication with Families: Master professionalism and impactful family communication to build strong relationships and elevate your practice.
- Welcoming New Children and Families into Group Care: Create welcoming environments to support children transitioning to care and build strong family connections.

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## Charlotte Warford, CNA Instructor and AECENL Board Member

Location: Avalon Region

Contact: thecuriouseducator.nl@gmail.com  
(709) 690-9607

Qualifications: Level IV ECE, 15+ years in the field

### Workshop Topics:

- Completing Your Program Form (2 HRS)
- Children and Trauma - How to Ask Questions (2 HRS)
- Intro to Risky Play (1 HR)
- Intro to Documentation
- Including School Aged in Curriculum
- Learning Through Schema Play (2 HRS)
- Learning Through Care (2 HRS)
- Loose Parts (2 HRS)
- Messy Play (1 HR)
- Small and Large Group (2 HRS)
- Self-regulation and Your Classroom
- Professionalism in the Workplace (1 HR)
- Revamp your Activity Areas (Art, Math, Sensory, LLC, Dramatic Play, Science/Nature, and Music) (1 HR each)

If you are looking for a refresher for your staff on any specific topics, customized PL sessions can be created specialized to your centre's needs

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## YWCA St. John's Kimberly Offspring, 2SLGBTQIA+ Services Coordinator



Location: St. John's, NL

Contact:  
kimberly@ywcastjohns.ca  
709-769-6649

Qualifications: Non-profit organization with a rich history of serving women, girls, gender-diverse folks, and their families for over 95 years.

### Workshop Topics:

- Fostering Collaboration of Services for LGBTQIA+ Newcomers in NL: A Training for Service Providers

\*Requirements for PL: Projector, Screen, Speakers

Workshops can be delivered In Person or Virtually

*Did you know AECENL  
presents PL opportunities?*



*Scan the QR code for more information!*

Do you know of a facilitator that would like to be included in this list, or are you interested in additional workshop topics? Please take a moment to fill out this survey! Responses are anonymous and will help AECENL shape our PL Toolkit for Administrators and Facilitator List.



## Professional Learning Needs



\*AECENL's Facilitator List serves as an informational hub of resources currently available to administrators in the community. It is the responsibility of the participant to ensure whenever knowledge gained from professional learning is applied, it is in compliance and aligns with the current Child Care Act, Regulations, Policies and Standards. When unsure about the application of information, participants are encouraged to reach out to Early Learning and Child Development staff.