

# Reflective Form for online PL events



# AECENL's PROFESSIONAL LEARNING REFLECTION FORM

# WHAT IS AECENL'S REFLECTION FORM?

Have you found an online workshop, webinar or video in the Early Childhood Education Field that would enhance your practice? Have you been unable to secure confirmation of your attendance that met the guidelines for renewal of our Child Care Services Certification?

A reflection form is a helpful tool designed to guide you in thinking deeply about a specific experience, activity, or learning session. It includes a series of questions or prompts that encourage you to reflect on your actions, thoughts, and feelings related to the experience.

Using a reflection form for professional learning is especially valuable. It allows you to systematically evaluate your professional learning experiences, effectively apply new knowledge, and continuously enhance your teaching practices. This, in turn, helps you better support the learning and development of the young children in your care.

# HOW DO I USE THIS REFLECTION FORM TO GAIN PL HOURS?

Step 1:

Watch the online professional learning event. Download the PL certificate on your computer.

Step 2:

Reflect on the material and answer the questions included in this form. Responses must be in paragraph form and more than 2-3 sentences long.

Step 3: Save it as a .pdf on your computer.

Step : When it is time to renew your certification please print the PL Reflection form and PL certificate and attach it to the Renewal Application.

if the reflective questions are not answered suitably, in full, are illegible, or not in paragraph form, the Registrar may send the form back for re-submission.

# Professional Learning Cover Page

Learner Information **(please fill out all fields)**

Name:

Date:

Email:

Phone Number:

Certification #:

Name PL event:

Link to the PL event:

## **How to Receive PL Hours Towards the Renewal of My Certification**

Please complete the cover page and the fillable .pdf pages with your reflective answers. Save a copy for your records. PL hours will be awarded based on the PL event (e.g., a 1.5-hour PL webinar will give you 1.5 PL hours). These hours can be applied towards the current childcare services certification period you have completed.

Ensure your handwriting is legible to verify PL hours. If your submission is ineligible, you will be asked to resubmit the form, which may delay the assessment of your renewal application package.

**Question 1:** What information was new to you? Describe three things that you learned relating to the field of Early Learning and Child Care. Provide examples. If nothing was new to you, describe in detail how the teachings in this book coincide with your previous learning experiences.

**Answer 1:**



**Question 2:** How will you use the information in the professional learning session to improve your child care practice? Describe five things that you can implement right away.

**Answer 2:**



**Question 3:** How does equity, diversity, and inclusion apply to the ideas presented in this event? How can I ensure that my teaching practices reflect these components?

**Answer 3:**



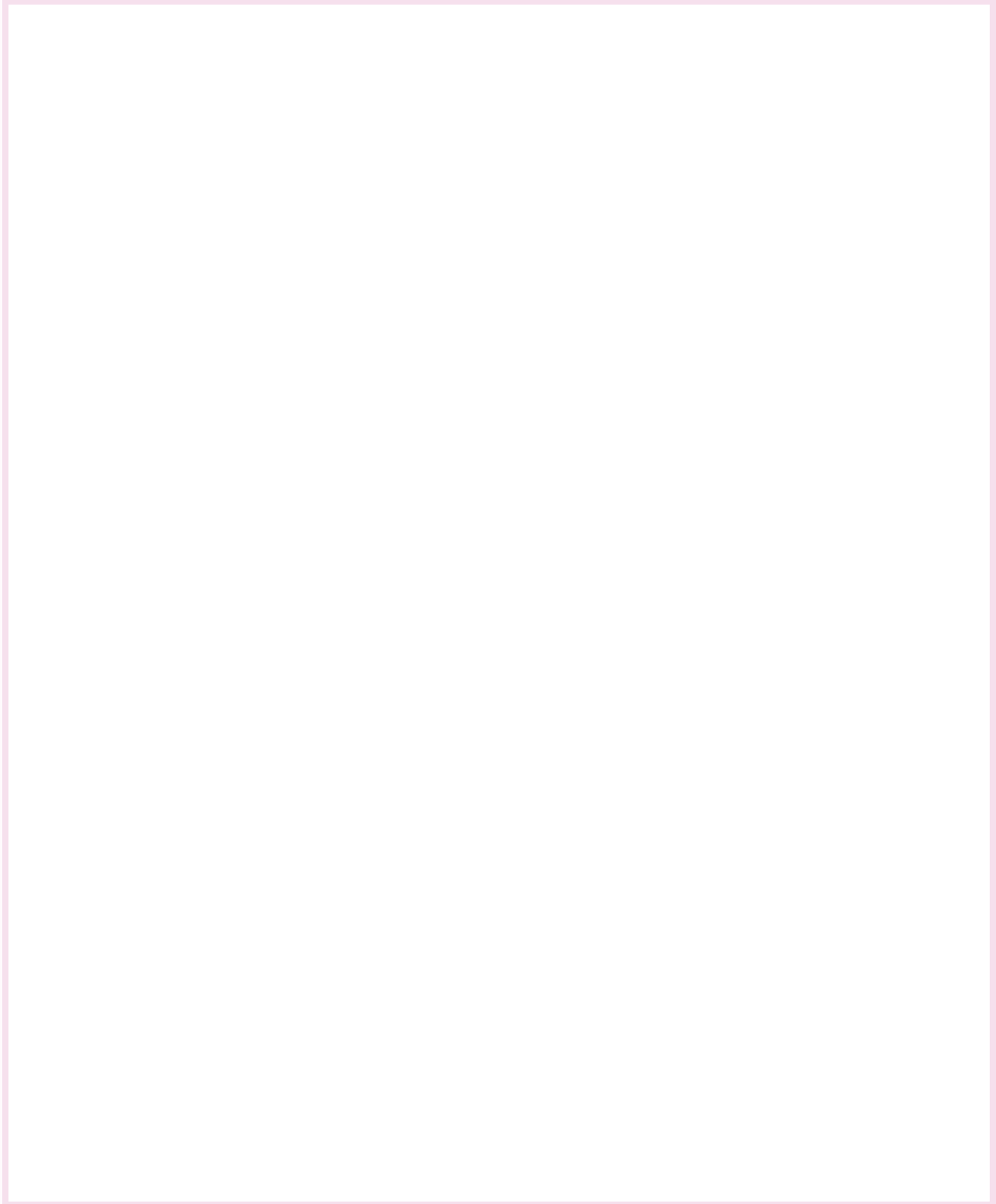
**Question 4:** How does the information shared in this professional learning session connect to Newfoundland and Labrador's Early Childhood Learning Framework? For a refresher on the Goals and Principles of the Framework, visit [Navigating the Early Years; An Early Childhood Learning Framework](#).

**Answer 4:**



Question 5: What are some ideas presented in this professional learning session that you want to explore further and learn more about? Provide three examples.

Answer 5:



Need more space? Feel free to keep adding to your answers here or attach additional pages to this PDF.

A large, empty rectangular box with a light purple border, occupying most of the page below the text. It is intended for providing additional answers or attachments.

## **Did you enjoy this PL initiative?**

What could AECENL do to improve this PL experience?

Please take a moment to fill out this survey. Responses are anonymous and will help AECENL shape the PL opportunities we offer.



For information on **PL initiatives** contact  
AECENL's PL Coordinator:  
**plcoordinator@aecenl.ca**  
**709-579-8993**

For information about **Child Care Services Certification** contact AECENL's Registrar:  
**registrar@aecenl.ca**  
**709-579-3004**

[www.aecenl.ca](http://www.aecenl.ca)